Mathematics is considered a dreaded subject for many students. When talking about Mathematics, any topics under the subject, a lot of students find several excuses on avoiding the talk about numbers. Here are some reasons why students hate or dislike the subject based on my experience as an educator and interviews from my students:

1. **Teacher Factor.** When it comes to Mathematics, the subject teacher is one of the many factors why students may like or dislike numbers. Students dislike or hate the subject because their teachers are getting angry when being repeatedly asked about the concept they don't really understand. Common remarks of the teachers were “How many times I have explained that and yet you don't get it?” “You are not listening; I have explained that a while ago.” That is why many students developed anxiety on asking questions and this leads to disliking or hatred. It is more of a negative experience they encountered in learning the subject. In addition, some teachers have used ineffective strategies in teaching Mathematics that lead to mathematics difficulties and resulted to poor performance in the subject.

2. **The Use of Variables in Mathematics to Daily Life.** We cannot discount the use of Mathematics in our daily life situations, however several students are asking what is the use of x, y and other variables to the daily living. Several teachers also forgot to emphasize the role and importance of these variables to the daily lives of people when teaching in the area of Algebra, Trigonometry, Geometry and other fields of Mathematics. Students see Mathematics as an abstract and irrelevant figure that is difficult to understand especially having these different variables. These feelings toward the subject lead to an impression that Mathematics is dull and boring.

3. **“Mental Culture”.** I coined this term in my Mathematics class, I defined it as “state of mind where an individual always think that Mathematics is always difficult and you cannot do something about it or if you can do something about it, you will end up wrong or a failure.” A lot of students think that Mathematics is a very difficult subject and it is always be. This kind of thinking is being attributed to their experiences in learning Mathematics with teachers which have very low patience in explaining concepts and being angry when being asked by their students. Some students have also this thinking because they believe that they don’t have the gift in learning Mathematics easily.